

**CNY Orthopedic Sports Medicine, P.C.**  
**MEDICAL & SOCIAL HISTORY**

Date: \_\_\_\_\_

NAME: \_\_\_\_\_ Referring Physician: \_\_\_\_\_

Occupation: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Age: \_\_\_\_\_

Are you RIGHT or LEFT Hand Dominant? \_\_\_\_\_

**PRESENT INJURY**

Date of Injury: \_\_\_\_\_ Area of Injury: \_\_\_\_\_

Where Injury Occurred: \_\_\_\_\_ How Injury Occurred: \_\_\_\_\_

If applicable, please check the symptoms you are experiencing:

**Shoulder Symptoms:**

Hand Numbness or Tingling: \_\_\_\_\_ Arm Numbness or Tingling: \_\_\_\_\_ Night Pain: \_\_\_\_\_

Catching: \_\_\_\_\_ Neck Pain: \_\_\_\_\_ Instability: \_\_\_\_\_ Pain w/ Throwing: \_\_\_\_\_

Cocking: \_\_\_\_\_ Follow Through: \_\_\_\_\_

**Knee Symptoms:**

Pain: \_\_\_\_\_ Swelling: \_\_\_\_\_ Give-Way: \_\_\_\_\_ Popping: \_\_\_\_\_ Locking: \_\_\_\_\_

Catching: \_\_\_\_\_

What sports are you interested in or play regularly? \_\_\_\_\_

**PAST MEDICAL HISTORY** Please Check If You Have Any Of The Following:

Lung Problems \_\_\_\_\_ (If so, what type?) \_\_\_\_\_

Cancer \_\_\_\_\_ (If so, what type?) \_\_\_\_\_

Stomach Problems \_\_\_\_\_ (i.e. ulcer, hiatal hernia) (If so, what type?) \_\_\_\_\_

Neurological \_\_\_\_\_ (if so, what type?) \_\_\_\_\_

Arthritis \_\_\_\_\_ Blood Clots \_\_\_\_\_ High Blood Pressure \_\_\_\_\_ Heart Disease \_\_\_\_\_ Diabetes \_\_\_\_\_

Any other conditions not listed above for which you take medication or see another provider:

**PAST SURGICAL PROCEDURES & DATES:** \_\_\_\_\_

**PAST HOSPITALIZATIONS:** (Other than above surgeries – include birth of children)

**CURRENT MEDICATIONS** (Include Aspirin and over-the-counter medications taken regularly)

**ALLERGIES:** (Especially to medications or shell fish)

**MEDICATION:**

**REACTION:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Can you tolerate Aspirin? \_\_\_\_\_

Have you had stomach ulcers? \_\_\_\_\_

**FAMILY & SOCIAL HISTORY**

Do you smoke? \_\_\_\_\_ How many per day? \_\_\_\_\_ For how many years? \_\_\_\_\_

Do you use alcohol? \_\_\_\_\_ How much per week? \_\_\_\_\_

Diseases that run in your family: (i.e. high blood pressure, heart disease, cancer) \_\_\_\_\_

---

Are you married? \_\_\_\_\_ Do you have children? \_\_\_\_\_

**REVIEW OF SYSTEMS** (Please Circle any of the Following)

**Constitutional Symptoms**

(fever, weight loss, fatigue)

**Eyes**

(double vision, blurring, trauma, glasses)

**ENT & Mouth**

(deafness, sinusitis, ear ringing, hoarseness, dizziness)

**Cardiovascular**

(chest pain, palpitations, high blood pressure, irregular heart beats)

**Respiratory**

(shortness of breath, asthma, cough, cough producing bloody mucous)

**Stomach**

(appetite, weight change, diarrhea, constipation, abdominal pain)

**Bowel/Bladder**

(hesitancy, incontinence, painful urination, pregnancies)

**Musculoskeletal**

(fractures, sprains, pain, swelling, arthritis, stiffness, muscle wasting)

**Skin/Breast**

(color, temperature, rashes, lesions, scars, masses, ulcers)

**Neurological**

(difficulty w/ speech or swallowing, history of stroke, numbness, tingling, seizures, weakness, visual changes, balance, memory, coordination problems)

**Psychological**

(depression, mood changes, hallucinations, sleep disturbances)

**Endocrine**

(excessive thirst, excessive eating, hyperactivity, growth or hair changes)

**Hematologic/Lymphatic**

(bleeding tendency, enlarged or painful lymph nodes, anemia)

**I affirm that to the best of my knowledge, this is my complete medical and social history. (SIGNATURE):** \_\_\_\_\_